

Download What To Expect When You're Expecting Second Edition

Announcing a brand-new edition of the pregnancy food bible. With over 1.4 million copies in print, What to Expect: Eating Well When You're Expecting is the essential companion to What to Expect When You're Expecting. This cover-to-cover update provides a fresh, fun, realistic, and body-positive approach to help moms-to-be navigate healthily and tastily through the nine months of pregnancy ... What to Expect When You're Expecting [Heidi Murkoff, Sharon Mazel] on Amazon.com. *FREE* shipping on qualifying offers. A completely revised and updated edition of America's pregnancy bible, the longest-running New York Times bestseller ever. With 18.5 million copies in print Editions for What to Expect When You're Expecting: 0761121323 (Paperback published in 2002), 0761148574 (Paperback published in 2008), (Kindle Edition pu... COUPON: Rent What to Expect When You're Expecting 2nd edition (9780894808296) and save up to 80% on textbook rentals and 90% on used textbooks. Get FREE 7-day instant eTextbook access! What to Expect When You're Expecting will answer every conceivable question you might have about pregnancy. The fifth edition of what many call "the pregnancy bible" is updated with new information such as the Zika virus, prenatal screening, postpartum birth control and much more. By knowing what to expect when you're expecting, you will go through your pregnancy with a sense of calm and self-confidence. P.S. What to Expect When You're Expecting is an extremely useful book that will guide you through your pregnancy. It has every possible piece of information on pregnancy you might need, all in one place. A completely revised and updated edition of America's pregnancy bible, the longest-running New York Times bestseller ever. With 18.5 million copies in print, What to Expect When You're Expecting is read by 93% of women who read a pregnancy book and was named one of the "Most Influential Books of the Last 25 Years" by USA Today. What to Expect When You're Expecting is a pregnancy guide, now in its fifth edition, written by Heidi Murkoff and Sharon Mazel and published by Workman Publishing. Originally published in 1984, the book consistently tops The New York Times Best Seller list in the paperback advice category, is one of USA Today's "25 Most Influential Books" of the past 25 years and has been described as "the ... Other titles in the series include What to Expect the First Year (now in its 3rd edition), Eating Well When You're Expecting, What to Expect Before You're Expecting (a complete guide to getting pregnant, now in its 2nd edition), and What to Expect the Second Year, the must-have guide for parents of toddlers. Since the day I delivered my first baby, I've been a mom on a mission: To help parents know What to Expect, every step of the way. From pregnancy and childbirth, from first cuddles to first steps, What to Expect is more than just information.