

Download The Heart Of Meditation Discovering Innermost Awareness

The primary purpose of the College of Inner Awareness, Metaphysical Studies and Spiritual Studies is to train and educate prospective leaders for metaphysical ministries and schools through Distant-Learning or On-campus Training. The peace that we are looking for is not peace that crumbles as soon as there is difficulty or chaos. Whether we're seeking inner peace or global peace or a combination of the two, the way to experience it is to build on the foundation of unconditional openness to all that arises. Our human journey of coming to know Spirit is made complete in the journey of Spirit coming to know and express itself in our human life and in our shared world. I welcome you to the teachings here, which are meant to facilitate these journeys and to further the union of human and Spirit natures, through processes of conscious realization and harmonization... The Seven Shamanic Levels of Consciousness is a book by Dirk Gillabel explaining the seven stages and types of consciousness shamans use all over the world for healing, soul travel and spiritual development.