

Download Rick Torbett And React Offense

Notes by Scott Bullock Introduction Coach Torbett states that this is not an offense he has used to win championships but rather an offense that he has developed after retiring from coaching. Types of Motion Offenses Though every coach tries to put his mark on the motion offense they run, there really are only 4 basic types. These types are categorized by the number of players that are on the perimeter and the number of players that are in the post. This 5 out motion offense is an extremely simple offense to teach that could be used for a number of reasons. Primary offense. Throughout my varsity career, we utilized this offense with great success because it opened up the lanes for dribble penetration and cuts that allowed us to utilize our team's quickness. Ne ratez pas les nouveaux rendez-vous du live le mercredi. à partir de 19h les apéros party avec tapas et sushis. 93 prom Georges Pompidou 13008 MARSEILLE