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1. INTRODUCTION TO THE POLAR RS200 / RS200sd RUNNING COMPUTER 1.1 PRODUCT

ELEMENTS The Polar RS200 Running Computer package consists of the following parts: Wrist Unit The wrist unit displays and records your heart rate and exercise data during exercise. Enter your personal settings into the wrist unit and analyze the exercise. Become a Polar insider. Be among the first to hear about exclusive offers, helpful training tips and the latest Polar news. Become a Polar insider. Be among the first to hear about exclusive offers, helpful training tips and the latest Polar news. The manual was written in by Polar. The language is listed as follows: User's Manual English. The manual is applied to the following one product model as follows: RS200sd. The manual was created in Portable Document Format, called as PDF manual. The PDF document file with the name of rs200.pdf has 82 pages with the file size of 790529. The ...