

Download Integra Manual Transmission Oil

never ever ever ever use penzoil for anything. my cousins car blew after years of using it, we come to find from a gm mechanic that penzoil uses teflon in their formula which bonds to parts. when u change the oil the bonded "oil" stays bonded, so ur adding gunk over and over and over to parts. took a major toll on my cousins camaro. so yeah either honda mtf/atf or some kind of synchromesh like ...