

Download Coping With Your Partners Cancer A Husbands Story

Facing Cancer with Your Spouse or Partner. Others like to focus inward by doing things, such as washing the dishes or fixing things around the house. These differences can cause tension because each person may expect the other to act the way they would in their place. To reduce stress, it may help to remind yourself that everyone reacts differently. Remind yourself that there is a future after cancer. Try to make plans with your spouse. If he or she resists, accept it as something that you can return to later. You may be surprised that the second (or third) time around, your spouse will be right there with you. Communicate your feelings. Prostate cancer and relationships: The partner's story. As with any disease, when prostate cancer strikes, its reach goes beyond the patient. Entire families feel the impact. But because treatment for prostate cancer can affect continence and sexual functioning, it can hit at the core of romantic, intimate relationships. "Some men...Life gets complicated in so many ways when you are a caregiver to someone with cancer. Here's how to cope. Your care and encouragement can help your wife stick with the demanding cancer treatment and take other steps to get well. If you are committed to your wife and the marriage vows you made to her, you too can beat the statistics with some knowledge, faith, and hope.